

YOLO

You only live once



YOLO: acronym for *"You Only Live Once"*
which implies to enjoy your life

YOLO is a production of the Teatre Escalante of Valencia and the honourable Council of Valencia carried out by the Lucas Escobedo Company. The premiere was in November 28th of 2018 at the Martin i Soler Theater at the Palau de les Arts in Valencia.

YOLO. You Only Live Once.

YOLO is a tribute to life through the Circus and Music. YOLO is a battle cry that comes from deep within the depths of oneself to flood the stage and fill the audience with excitement. YOLO is the boost we need to start building our dreams.

YOLO is a circus show for all audiences, which is full of energy, strength and rhythm.

By means of different circus disciplines such as acrobatics, juggling, aerial techniques and humour, we portray several different situations, apparently impossible, before the eyes of the audience taking part

We want YOLO to be a revolution for the spectator.

YOLO is, and expects to be, anyone's dream come true.





La **Companyia Lucas Escobedo** was born in 2011, after the premiere of its first solo creation, Boiiiing. Its main promoter is Lucas, a multidisciplinary artist who is as much a fan of the circus world and juggling as of the theatre, especially the theatre of masks, titles and objects.

Lucas Escobedo begins his artistic training with the mà d'Andrés Hernández i Mar Navarro, a direct fog by Jacques Lecoq. He broadened his training with different masters (Román i Cia, Moshe Kohen, Patricia Kraus, Jesús Jara, Vasily Protsenko, Christian Atanasiu, Sean Gandini, Kati Ylä- Hokkala, Maksim Komaro, Luca Ronga, Paco Macià) and continued his apprenticeship at the Institut del Teatre de Barcelona, studying the recorregut d'Interpretació Teatre Visual.

His professional beginnings are working with different companies such as Tragaleguas Teatro, Circo de los Horrores, Teatro Circo Price, Román y Cía, La Société de la Mouffette, Cia. La Debacle, NueveunoCirco. He also participates in different audiovisual projects such as El Conciertazo de TVE, Babaclub de Canal 9, lo Don Giovanni de Carlos Saura, Seven Pets per a Disney Chanel, El Secreto de Puente Viejo de Boomerang TV.

After this professional experience, in 2013, he decided to start a new stage with the creation of a new show of his own authorship, Habitació 801, a show nominated for Best Circus Show in the Premis de les Arts Escèniques de la Comunitat Valenciana 2018, with which he has worked both internationally and nationally in some of the main theatres and festivals.

He is also interested in directing, working with different professional companies such as Cía. Aérea, La Finestra Nou Circ, Cia Acrobàcia Mínima or La trócola Circ entre d'altres. With the latter company, with its latest show Emports, they won the Best Show in the Nits of Feten 2018, the Best Show in the Circus Award of the Performing Arts Awards of the Comunitat Valenciana 2018 and they are Candidates for the MAX Awards of the Performing Arts 2018 with the Best Show Revealed.

In its current stage, 2018 rep l'encàrrec of directing the new production of the Teatre Escalante de València: YOLO. This show, premiered at the Teatre Martín i Soler of the Palau de les Arts de València at the end of 2018, was awarded the FETEN 2019 Prize for Millor Espectacle de Gran Format and the Millor Espai Sonor Prize.

Així mateix, és seleccionat com Espectacle Recomanat en el catàleg de la Xarxa de Teatres d'Espanya. YOLO is currently planning a 2019-2020 tour with destinations such as the Cultura Nova Festival in Holland, the Circo Price Theatre in Madrid and the Teatre Principal in Valencia and Alacant among others.

Finally Lucas rep l'encàrrec to direct the gala of premise of Scenic Arts of Valencia in October 2019 by the Valencian Institute of Culture.

"It is the jump, not the step, which makes the experience possible "

-Heiner Müller-

The realization and the scenographic design in *YOLO* is the responsibility of Luis Crespo, Valencian designer. The intention is that the scenography not only accompanies the process but is part of it. Let it be an active element with which to play and experiment away from the idea of set design as props.

In circus any element represents a new possibility where to execute a balance, jump, launch... Therefore, the research work of the scenery takes on special importance.

Here you can see that the design consists of working with stairs or structures that allow rise and climb. In the line of *YOLO* (You only live once), the scenography should support and favor the theme of the work and therefore should support the idea of that leap that we dare not give, that need for support in making decisions, the need to grow, overcome and advance.



YOLO is a Valencian production. At all times, the imaginary kept transporting us to the everyday works in the rice fields in Valencia and the Albufera. We immerse ourselves in the aesthetic universe of Sorolla when designing costumes. All of this, to reinforce what we want to say: to speak about collective effort, group goals and team work. The costumes are the responsibility of

Amaya San Martín, designer from Alicante. We present these comfortable clothes, from a humble era, where the gliding fabric stands out to accompany the performers' movement on stage. The tones used bring us closer to the earth, with other elements that stand out, and, they also help to tell the story, they adapt to circus disciplines and are in harmony with the sound and visual space.



In YOLO, through different circus disciplines such as acrobatics, juggling, aerial techniques or humor, different apparently impossible situations appear. In addition to the circus techniques, music and interpretative skills, the show integrates various values that have been used as a basis for its creation and are expressed in its representation.

Show VALUES

Self-confidence. The security that getting what seemed impossible depends only on you. Learn that you can get everything you want.

Creativity. The circus is the art of making the impossible possible. You only need to see things from another point of view. There are no limits and you only have to imagine and implement your intuition so that incredible things arise.

Perseverance. Have a goal in mind and try again and again until it comes out. Discovering that work has its rewards is very easy from the circus.

Risk. Change the fear of risk by controlled risk and trust.

Fellowship. In a competitive world, learn that your classmates make you better. That among all, not only is more fun, but you go further.

Tolerance. All prejudices are set aside. Learning, enjoyment and fascination is more important than any hate or resentment.

*"Oh, you'll always get somewhere, said the cat,
if you walk long enough." -Lewis Carroll -*



Lucas Escobedo. Multidisciplinary artist and director. He studied acting in the school of Mar Navarro and Andrés Hernández and in the Institut del Teatre of Barcelona. He set up the Company Lucas Escobedo in 2011, where he explored different artistic territories such as mask and puppet theatre; at the same time, clown is also an important part of his work. He consolidates his facet as a creative artist with pieces of own authorship such as Room 801, The Handimen, YOLO.

As a circus artist, juggling is his field, specialised in hoops, clubs, balls and bouncing balls; he received the Silver Big Top Award in Circuba Festival and Chilean Jury Award with his bouncing ball act Boiiiing.

As a stage director he has worked with many theatre and circus companies such as La Trocola Circ or Aerea Company. His last work, YOLO, a production of Escalante Theatre of Valencia, received the FETEN Award 2019 for Best Big Format Show and Best Sound Space. To conclude, he will be in charge of staging the Gala of Performing Arts of Valencia Awards 2019, in October, in the Principal Theater of Alicante.



Raquel Molano. Actress and musician. She graduated in Interpretation at the Institut del Teatre and she expanded her training with Mar Navarro, Christian Atanasiu, as well as at CNTC, at Teatro de la Abadía and at Workcenter by Thomas Richards. She obtained the Professional Degree in Piano at the Conservatory of Valencia; she also trained in singing and percussion with Caro Guiral, Felipe Forastiere and Taller de Músics. In her professional career, projects like *Rumba* by the multidisciplinary company Mayumana stand out, as well as her remarkable work with directors such as Alberto Velasco, Lino Ferreira, Joan Cusó and Andrés Corchero.



Marta Sánchez. Circus and music artist. He obtained the medium grade in the specialty of flamenco guitar at the professional conservatory of Arturo Soria in Madrid. He masters several musical styles and broadens his training at the school of creative music in Madrid, deepening his knowledge of more modern musical styles, both in guitar and singing.

In the field of the circus his main discipline is aerial tapes. He works as an artist with different companies in the national scene while he teaches in several training centers in Madrid. Other areas of the circus he also explores are the vertical rope and the aerial ring.



David Sessarego. Trained since he was a child in the Chinese Marcial Art Kempo, he incorporated both artistic gymnastics and Marcial Art Capoeira since a very early age, where he developed movement as the base for the rest of his disciplines. In the main time, David is multidisciplinary in acrobatics, specialised in Cyr Wheel, Aerials and Juggling. He acquired his acrobatic training in schools of Argentina and aerial dance in Cuarto Rojo and Xielo, both Central American schools. He played the main role in a piece of contemporary circus called "Mar del Sur" and in a Vertical Dance show called "90º Punto de Fuga". He combines his artistic stage activity with teaching acrobatics to children and teenagers in workshops, initiation and advanced level.



Jana López Apararisi. She is a circus artist since she was 14 years old, she took her first steps in El Espai de Circ (Valencia, Spain). He handles different circus disciplines, his specialty being aerial (hoop, trapeze, etc.). He has worked in different companies and shows such as the Finestra nou Circ, Circo Gran Fele, or Circuba.



Iván G. Torre. Circus artist trained in diverse disciplines such as juggling and acrobatics, specialised in handstand. He has performed in galas and festivals such as the Great Gala EUCIMA, Kalealdi, Kaldearte or the Glastonbury Festival. He has been teaching handstand in a regular basis for many years and has organized lots of intensive workshops in this discipline. Moreover, he was one of the creators of the Iberoamerican Circus Festival (FIRCO).



Pablo Meneu. Circus artist, show director, teacher and rigger. He trained at the National Center for Circus Arts (NCCA) in London in the aerial straps specialization and at the Jasmin Vardimon Dance Company in dance and physical theater. He has worked for different companies such as Vaughan Pilikian, SHUNT, Keziah Serreau or Firenze Guidi. He is co-artistic director of Circumference Productions (London). He has directed several shows such as *On the night of November 28th*, *Staged* and *The Capricious Exhibitions*. He is also a professor of aerial straps, creation and staging. He is also a professional rigger, specialized in the design and creation of new air structures.

Production: Teatre Escalante. Diputació de València

Direction and Original Idea: Lucas Escobedo

Director assistant: Joan Cusó

Musical composition and direction: Raquel Molano

Lyrics songs: Raquel Molano, José Agustín Goytisolo, Gabriel Celaya i cants de tradició

Performers: Jana López, David Sessarego, Marta Sánchez, Iván G Torre, Pablo Meneu, Raquel Molano i Lucas Escobedo

Lighting design: Juanjo Llorens

Lighting technician: Libe Aramburuzabala

Sound design: Eduardo Soriano

Sound technician: Óscar Guzmán

Scenography design: Luis Crespo

Engine driver: Álvaro Villahoz

Rigger: Pablo Menu

Costume design: Amaya San Martín

Production in creation: Producirk

Production on tour: Lucas Escobedo Company

National distribution: Amadeo Vañó – Cámara Blanca

International distribution: Lucas Escobedo Company

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PRODUCTION



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